



Working with Deaf and Hard of Hearing People in the Communities of Herefordshire, Oxfordshire and Worcestershire



Do you want to.. Get Fit? Get Active?

Deaf Direct has a new project, funded by the Health Improvement Fund.

Would you like to:
join a gym?
take part in group exercise/walking/sport?
try taster sessions on various sports/activities?
join sessions on healthy lifestyle?

If you want to get fit, healthy and active in 2010 –
contact Gemma on text: 01905 746300;
email: gemmamcevoy@deafdirect.org.uk
or SMS: 07725 244131

Services funded by



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